

<b>NAME OF SCRUTINY COMMITTEE</b>	<b>Scrutiny Committee - Services</b>
<b>DATE OF MEETING</b>	<b>13 February 2014</b>
<b>TITLE OF ITEM</b>	<b>Provisions within the County to respond to Dementia needs</b>
<b>CABINET MEMBER</b>	<b>Councillor R H Wyn Williams</b>

**A. Purpose of the Report**

A.i This report on the field of Dementia is submitted to the Committee at the request of the Services Scrutiny Committee for overview information on the care arrangements for individuals with Dementia and how we will address the shortage of facilities for individuals.

A.ii In accordance with the Committee's request, the following matters will be addressed:

1. What is the latest information relating to the needs assessment for such services across the County and the future projections the Service is planning for?
2. What is the latest information on the situation in terms of dementia provision across the county, including plans in the pipeline?
3. What is the pattern in terms of collaboration between public and private provision across the county and how does this collaboration work?
4. In terms of the available services and the services being planned, what is the situation in terms of the capacity for providing services in both Welsh and English?

**B. Overview information – the strategic context**

**B.i Gwynedd Council Strategic Plan 2013-2017**

B.i.i The vision for the field of health care and well-being in the Gwynedd Strategic Plan 2013-17 is to “support children and vulnerable people to live fulfilling lives” and “to inspire the people of Gwynedd to live healthy lives”.

B.i.ii The strategic plan has identified the need to contribute towards ensuring the following differences by 2017:

- Ensure suitable provision of care in the right location
- Provide a stronger voice for the users of Gwynedd social services.
- A network or proactive support available to assist adults and older people to live independently without the formal intervention of Social Services.
- Ensure that Gwynedd adults are safer

## **B.ii Older People Commissioning Plan 2011-2016**

B.ii.i In terms of the vision, the Older People Commissioning Strategy 2011-2016 highlights that the aim of Gwynedd Council Social Services in commissioning services for adults will be to secure the need to:

- Meet the needs of the individual
- Contribute towards maintaining independence
- Offer choices and options for the individual
- Be flexible enough to be able to change to respond to any changes to the individual's circumstances and needs

B.ii.ii There is also a firm statement within the Commissioning Plan that Gwynedd's commissioning intentions for 2011-2016 relating to those services to be provided directly or under contract / service continuity to include "*Ensuring provision to address the specialist care needs of dementia and nursing.*"

## **B.iii Strategic Review of Residential and Nursing Services 2009 and 2010**

B.iii.i In 2009, the Council agreed to undertake strategic reviews in order to challenge the way the Council provided its residential and nursing services. The aim of these reviews would be to ensure that services provided by the Council are flexible, cost effective and that they offer value for money. A study was undertaken of how the current service was being provided, the costs of the service and the needs of the service in future, giving consideration to the increasing number of older residents within society.

B.iii.ii The conclusions showed that the demand for traditional residential care was reducing and the consultation work showed clearly that users favours a model which enabled them to live independently for as long as possible.

B.iii.iii The conclusions of the review showed that in future the provision should:

1. reduce the number of traditional residential beds
2. increase the number of beds in Extra Care Housing
3. increase the number of nursing beds (especially in some areas)
4. **increase the number of beds for those with memory problems (residential and nursing).**

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**1. What is the latest information relating to the needs assessment for such services across the County and the future projections the Service is planning for?**

**1.1 Current information**

1.1.1 The following tables provide information on the number of dementia service users in Gwynedd for the periods 2010-11, 2011-12 and 2012-13. The information has been split to show the number of service users who are 65 years old and over, and the number of service users who are under 65 years old.

**Table 1 - Number of Clients with Dementia Receiving Services.  
(Clients 65 years of age and over.)**

Period	Number of Clients with Dementia Receiving Residential or Nursing services on 31st March	Number of Clients with Dementia Receiving Services in the Community on 31st March	Total	Number of Clients with Dementia Receiving Residential or Nursing services During the Year	Number of Clients with Dementia Receiving Services in the Community During the Year	Total
<b>2010 - 2011</b>	99	62	<b>161</b>	154	138	<b>248</b>
<b>2011 - 2012</b>	94	65	<b>159</b>	122	135	<b>220</b>
<b>2012 - 2013</b>	92	54	<b>146</b>	129	121	<b>215</b>

**Table 2 - Number of clients with Early Onset Dementia Receiving Services**

(Clients between 18 and 64 years of age.)

Period	Number of Clients with Dementia Receiving Residential or Nursing services on 31st March	Number of Clients with Dementia Receiving Services in the Community on 31st March	Total	Number of Clients with Dementia Receiving Residential or Nursing services During the Year	Number of Clients with Dementia Receiving Services in the Community During the Year	Total
<b>2010 - 2011</b>	1	5	<b>6</b>	1	6	<b>7</b>
<b>2011 - 2012</b>	1	1	<b>2</b>	1	5	<b>6</b>
<b>2012 - 2013</b>	2	1	<b>3</b>	2	2	<b>3</b>

## **1.2 Projections of Future Requirements**

1.2.1 In terms of the statistics for future projections of dementia cases, information is used from the Older People Commissioning Plan 2011-2016 and from the Daffodil system which anticipates the need for care services in Wales. These projections indicate that there will be an increase in the number of people who suffer from dementia in all forms. The statistics also highlight the aspect that a proportion of the population between 30 and 64 years old have the symptoms of early onset dementia.

1.2.2 The information from the Daffodil System notes that the number of 30-64 year olds in Gwynedd in 2012 with symptoms of early onset dementia was 32 and the level will be the same in 2030. The numbers in this group for the Betsi Cadwaladr University Health Board area were 190 in 2012 and 188 in 2030.

1.2.3 In addition, the Daffodil System noted that the total number of dementia sufferers aged 65 years old and over in Gwynedd in 2012 was 1,773 and that this will increase to 2,686 by 2030.

## **1.3 Older People Commissioning Plan 2011-2016**

1.3.1 In relation to dementia, page 12 of the plan notes:

*“Dementia is one of the main causes of disability in later life. One in six people over 80 have a form of dementia whilst one in 14 people over 65 have dementia.*

The rise in the number of people with dementia will proportionally reflect the projected demographic trend in Gwynedd. The number of people with dementia in Gwynedd is predicted to increase by 35% from 1,718 to 2,325 between 2007 and 2021. Among those over 65 with dementia, 55.4% have mild dementia, 32.1% have moderate dementia and 12.5% have severe dementia.”

## 1.4 Daffodil System Projections: “Projecting the need for care services in Wales”

### 1.4.1 Dementia - Gwynedd Area

#### Dementia

People aged 30-64 predicted to have early onset dementia, and people aged 65 and over predicted to have dementia, by age and gender, projected to 2030

	<a href="#">Show next five years</a>				
<b>Dementia - all people</b>	2012	2015	2020	2025	2030
<a href="#">Show by gender</a>					
People aged 30-39 with early onset dementia	1	1	1	1	1
People aged 40-49 with early onset dementia	3	3	3	3	3
People aged 50-59 with early onset dementia	15	15	16	15	13
People aged 60-64 with early onset dementia	13	12	12	13	12
<b>Total population aged 30-64 with early onset dementia</b>	<b>32</b>	<b>31</b>	<b>32</b>	<b>32</b>	<b>30</b>
People aged 65-69 with dementia	97	103	88	90	98
People aged 70-74 with dementia	157	175	208	180	184
People aged 75-79 with dementia	276	290	332	396	344
People aged 80-84 with dementia	449	448	490	572	688
People aged 85 and over with dementia	793	851	958	1,122	1,371
<b>Total population aged 65 and over with dementia</b>	<b>1,773</b>	<b>1,867</b>	<b>2,077</b>	<b>2,360</b>	<b>2,686</b>

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### 1.4.2 Dementia - Betsi Cadwaladr University Health Board Area

#### Dementia

People aged 30-64 predicted to have early onset dementia, and people aged 65 and over predicted to have dementia, by age and gender, projected to 2030

	<a href="#">Show next five years</a>				
<b>Dementia - all people</b>	2012	2015	2020	2025	2030
<a href="#">Show by gender</a>					
People aged 30-39 with early onset dementia	6	6	7	7	7
People aged 40-49 with early onset dementia	21	20	18	17	18
People aged 50-59 with early onset dementia	87	91	98	93	85
People aged 60-64 with early onset dementia	75	69	71	80	78
<b>Total population aged 30-64 with early onset dementia</b>	<b>190</b>	<b>187</b>	<b>194</b>	<b>198</b>	<b>188</b>
People aged 65-69 with dementia	562	605	537	552	622
People aged 70-74 with dementia	934	1,038	1,249	1,117	1,153
People aged 75-79 with dementia	1,568	1,708	1,980	2,400	2,172
People aged 80-84 with dementia	2,383	2,464	2,897	3,415	4,183
People aged 85 and over with dementia	4,571	4,898	5,635	6,942	8,682
<b>Total population aged 65 and over with dementia</b>	<b>10,018</b>	<b>10,714</b>	<b>12,298</b>	<b>14,426</b>	<b>16,811</b>

Figures may not sum due to rounding  
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**2. What is the latest information on the situation in terms of dementia provision across the county, including plans in the pipeline?**

2.1 In the years following the Strategic Review of Residential and Nursing Services 2009 and 2010, we have witnessed the development and delivery of a range of plans and provisions across the County within the field of dementia. It is acknowledged that success has varied across the specific fields of care and across the areas however it is important to remember that our efforts are continuing. Below is a summary of the successes to date and future plans for each service provision.

**A. Residential Care**

- As already noted the Strategic Review of Residential and Nursing Services 2009 and 2010 identified the need to reduce the number of residential beds and increase the number of specialist beds for individuals with memory problems. The response thus far:

- Gwynedd Council provision:

1. Changing the registration of Maesincla Care Home in Caernarfon from a traditional residential home to a specialist residential home for individuals with memory problems.
2. Building an extension to the Bryn Blodau residential home in Llanffestiniog in order to be able to establish a specialist unit for individuals with memory problems.
3. Opening an unit at Llys Cadfan home in Tywyn.

- Independent sector provision:

1. Response been to the need for specialist beds in Dwyfor as Plas Madryn in Morfa Nefyn has changed its registration and is now a home for individuals with memory problems.
2. A number of specialist residential beds have registered in other homes in Dwyfor.
3. In Arfon – unit opened in Gwynfa II home, near Bontnewydd, Caernarfon.

**B. Nursing Care**

- The Strategic Review of Residential and Nursing Services 2009 and 2010 noted the need to increase provision in parts of the County. The Council has endeavoured to ensure that providers are attracted to the south of the county, however; to date, attempts to attract providers who are willing develop specialist services in south Meirionnydd have been unsuccessful.

- The situation has improved in Arfon and Dwyfor as specialist nursing homes have opened in both areas in recent years. The home in Dwyfor serves north Meirionnydd but concern remains for the lack of provision in south Meirionnydd and in light of this individuals have no choice but to leave the area when they require specialist care.

- In terms of the future, planning permission was granted in November 2013 to the Pendine Park company to develop the former Bryn Seiont Hospital site in Caernarfon. It is intended to develop a specialist nursing facility and provide 16 extra care residential units to offer support to dementia sufferers and their families.

### **C. Day Care**

- Specialist day care for individuals with memory problems provided jointly by the Council and the Health Board in Dwyfor for a number of years.
- More recently provision in Arfon with the Council opening a new Day Centre on the Plas Hedd site in Bangor. Specialist day care being provided there twice a week, on Wednesdays and Saturdays.
- The Council and the Health Board are working together to establish provision in Meirionnydd and a one day provision in Blaenau Ffestiniog.

### **CH. Supporting carers**

- See the details of the Day Care developments referred to in Box C above.
- Respite care – in terms of the needs, they can be met by means of the Council's residential care with a respite bed in Plas Maesincla home in Caernarfon and in Bryn Blodau in Llan Ffestiniog.
- Discussions with the Health Board are to continue in relation to the joint commissioning of beds to provide respite care in a specialist nursing home.
- Service Level Agreement between Gwynedd Council and the Alzheimer's Society for providing a Dementia Support Worker (24 hours a week).
- In future, the Council is eager to consider how technology could be further utilised to support Carers.

### **3. What is the pattern in terms of collaboration between public and private provision across the county and how does this collaboration work?**

- 3.1 The Social Services Department would not be able to complete its work programme or act as an effective organisation on its own. It depends on a strong relationship with a number of other services within the Council and with a number of other external bodies, including other local authorities, Health, the Police, the third sector, social enterprises, housing associations, voluntary organisations and private companies.
- 3.2 The previous section of this paper expands upon both public and private collaboration efforts in terms of securing appropriate provision within this specific care field. There are also increasing efforts in terms of strategic collaboration.

#### **3.3 In terms of collaborating with the Health Board:**

- 3.3.1 In terms of the reference to future collaboration, the Welsh Government clearly states within the document, "A Framework for Delivering Integrated Health and

Social Care for Older People with Complex Needs” (July 2013) that in future commissioning plans are expected to be compiled jointly with the Health Board. High level discussions are already in the pipeline to strengthen this relationship.

- 3.3.2 The framework for Older People with complex needs outlines the need to establish a new pattern of services, building on the foundations already in place, revising and developing them. Acknowledgment is given to the increasing evidence that shows the advantages of integration, and the Welsh Government’s ambition to secure integrated health and social services for older people is outlined. There is an expectation for partners throughout Wales to move forward quickly to ensure that this model becomes the norm. Significant change is required over the next three years.

### **3.4 In terms of regional collaboration:**

- 3.4.1 Individual local authorities have been developing services for people with dementia but until recently, there was no collaborative work in this area which has led to inconsistent service provision across the region. Given the health board footprint in North Wales and the vital importance of developing services jointly with health, collaborative working would enable us to improve services for people with dementia faster and more effectively rather than doing it as individual authorities.
- 3.4.2 A successful bid was made to attract revenue funding from the Regional Collaboration Fund to fund a regional project *entitled “Inspiring Action – developing person centred dementia care in North Wales”* for three years between 2013 and 2016. The regional project will concentrate on elements including:
- Market analysis to understand current capacity and market gaps,
  - Conduct a needs analysis to project future demand for services,
  - Develop a regional commissioning strategy for people with dementia,
  - Research models of best practice for supporting people with dementia and consider how these models can be developed in North Wales.
- 3.4.3 As part of this project, a Regional Dementia Task Group, facilitated by the North Wales Commissioning Centre, has already been established, and it concentrates on developing a Regional Specification that will set out the requirements for care homes for people with intensive needs related to their dementia condition.
- 3.4.4 The North Wales Commissioning Hub will be holding an event on 28 March 2014 at Optic Centre, St Asaph in order to share information about this exciting regional project.



**4. In terms of the available services and the services being planned, what is the situation in terms of the capacity to provide services both in Welsh and English?**

4.1 We have strong support within the Council to ensure that we meet the requirements of legislation in the field of Equality and Diversity and we are very aware of the need to consider equality implications and to undertake or develop impact assessments when seeking to change a provision or service.

4.2 We have a duty to offer our services in the chosen language of our service users and every effort is made to ensure a bilingual workforce. The department's workforce plan addresses the entire sector's language skills offering input on linguistic awareness and relevant training.

4.3 As a Service, we welcome "More than Words", namely the strategic framework published by the Welsh Government to secure Welsh language services in the field of Health, Social Services and Social Care.

4.4 In 2012/13 the Council asked a consultant to undertake a "Survey of the requirements and practice of Gwynedd Council when providing Care Home (Residential and Nursing) and Home Care services." Care home providers and home care companies were consulted in the process of forming the report and the survey was completed in March 2013. In response to the report we will be changing our agreements with providers to reflect the linguistic needs of the users of Gwynedd services.

4.5 Through the efforts of the Council's Social Services Contracts Unit, we have established Service Level Agreements with our providers which include specific clauses relating to language. For the duration of the agreement, the Provider will conform to the principles of the Council's Welsh Language Policy.

4.6 The following is the specific clause relating to Linguistic Needs as it appears in our Service Level Agreements.

*"You will be required to comply with the relevant clauses in Gwynedd Council's Welsh Language Policy by:*

- *Ensuring that services are provided in the service user and their family's language choice.*
- *Recording the language choice of the user and his/her family.*
- *Ensure that the information and the literature provided to the public is bilingual. Ensure that signs and advertisements are bilingual*
- *Ensuring that translation arrangements are in place."*

4.7 The Service Level Agreement / Contracts monitoring process will include a pre-visit form which asks questions relating to the percentage of staff that are able to write, read and speak Welsh; how many are learning Welsh. We will also monitor whether or not they have a Welsh Language Policy.

- 4.8 During the visit there will be a process of checking all of their policies / leaflets / any information for the staff / public ensuring that they are bilingual and whether they are able to provide a service in the user's chosen language.